

GSA Membership Pricing Info

First Class Free!!!

10% off all contracts for Military, First Responders, Students

<u>Programs</u>	<u>Monthly</u>	<u>6 Month</u>	<u>12 Month</u>
Muay Thai/Kickboxing- • Membership: All Muay Thai/Kickboxing Classes	\$145.00	\$135.00	\$125.00
Strength Training & Conditioning- • Membership: Full access to training equipment	\$120.00	\$110.00	\$100.00
Grappling- • Membership: All Grappling classes	\$130.00	\$115.00	\$100.00

<u>Program Combinations</u>	<u>Monthly</u>	<u>6 Month</u>	<u>12 Month</u>
Pick 2- • Muay Thai and Strength Training • Muay Thai/Kickboxing and Grappling • Grappling and Strength Training	\$175.00	\$165.00	\$155.00

GrindStone Unlimited -	<u>Monthly</u>	<u>6 Month</u>	<u>12 Month</u>
• Full Access to All Programs	\$199.00	\$190.00	\$179.00

Punch Card (valid for any class)

- 5 sessions= \$50
- 10 sessions= \$100

Drop-In Rates

Drop in for any class = \$10 For Military (active and retired)/First Responder/Student
Drop in for any class = \$15